

Week 3 Menu

All main meals are accompanied with: Seasonal vegetables or salad items. And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options

All menu items are subject to availability and may change without notice.

Monday

Sausage Goulash

Pork sausages braised with tomato peppers, paprika, finished with yoghurt

M Halal Sheesh Kebab

Diced halal meat cooked with spinach in a spicy curry sauce

∨ Quorn & Pepper Fajitas

Quorn & mixed peppers sautéed in Faiita spices, served in a soft tortilla

Jacket Potatoes

Marble Sponge

Plain sponge marbled with a chocolate sponge mixture and served with custard

Fruit Jelly Decorated fruit ielly

Tuesday

Beef Lasagne

Layered beef & pasta topped with chéese sauce

Halal Lasagne
Minced halal meat lavered with pasta and a creamy cheese sauce

∨ Vegetable Lasagne Tender vegetables in a tomato

base, lavered with pasta and a creamy cheese sauce

Non - Meat Panini

Mixed Fruit Crumble Mixed fruit topped with a crispy crumble & served with custard

Chocolate & Vanilla Mousse

frozen chocolate & vanilla mousse

Wednesday

Roast Dinner

Tender roast meat slices with a rich aravv

√ Quorn Sausage

A protein rich, vegetarian sausage

Jacket Potatoes

Orange Drizzle Cake

Orange Sponge drizzled in sauce and served with custard

Cocoa & Orange Cookie

Thursday

√ Cheese & Tomato Pizza Pizza topped with tomato sauce &

Jacket Potatoes / Sandwiches & Wraps

Date & Cocoa Brownie

Friday

Tempura Battered Fish White fish fillet in a crispy tempura

V Sweet Potato & Lentil

A mild sweet potato & lentil curry

Jacket Potatoes / Sandwiches & Wraps

Chocolate Apple Sponge A base of soft tender apples under a light chocolate sponge

Frozen Yoghurt Assorted frozen voghurt tubs

catering

Thackley Primary School

This leaflet contains details of the menu at your school after October Half-Term.

Tasty, nutritious school meals have been provided in the Bradford district for many years. The Universal Infant Free School Meals scheme means these meals are now provided for FREE to all primary school children in reception class and Years 1 & 2.

There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's a good idea to still register as your school will benefit from extra funding.

> Please Note: For children in Years 3 - 6. meals will be priced at £1.60*, which is still great value for money.

Menu Cycle

v/c	31-Oct-16	Week 1
v/c	07-Nov-16	Week 2
v/c	14-Nov-16	Week 3
v/c	21-Nov-16	Week 1
v/c	28-Nov-16	Week 2
v/c	05-Dec-16	Week 3
v/c	12-Dec-16	Week 1
v/c	19-Dec-16	Holiday week
v/c	26-Dec-16	Holiday week
v/c	02-Jan-17	Week 1
v/c	09-Jan-17	Week 2
v/c	16-Jan-17	Week 3
v/c	23-Jan-17	Week 1
v/c	30-Jan-17	Week 2
v/c	06-Feb-17	Week 3
v/c	13-Feb-17	Week 1
v/c	20-Feb-17	Holiday week
v/c	27-Feb-17	Week 3
v/c	06-Mar-17	Week 1
v/c	13-Mar-17	Week 2
v/c	20-Mar-17	Week 3
v/c	27-Mar-17	Week 1
v/c	03-Apr-17	Week 2

Subject to change in January 2017

Dates shown in red are holiday weeks

City of Bradford MDC

www.bradford.gov.uk

The wording in this publication can be made available in other formats such as large print. Please call: 01274 436778.

More information on the meals we provide, along with detailed allergen information is available online at:

Week 1 Menu

All main meals are accompanied with: Seasonal vegetables or salad items. And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options

All menu items are subject to availability and may change without notice.

Monday

Braised Sausage Sausage braised with onions and gravy, slowly cooked in the oven

V Quorn Frankfurter Quorn hotdog served in a bun

Date & Cocoa Brownie

Jacket Potatoes

Tuesday

Chicken & Vegetable Pie Chicken & veg in gravy with a pastry

Malal Keema Roll Halal meat cooked with onions, spices & peas and baked in pastry V Cheese Lattice A thick cheese sauce encased in a puff pastry lattice, baked through the

Non - Meat Panini

Peach Oaty Crumble Peaches topped with a sweet oaty crumble, served with creamy custard

Fruit Jelly Decorated fruit jelly

Wednesdav

Roast Turkey Dinner Tender roast turkey slices with a rich

Halal Lasagne Minced halal meat layered with pasta and a creamy cheese sauce

∨ Veggie Soya Shepherds

Soya mince in a rich vegetarian gravy topped with mash

Jacket Potatoes

Rice Pudding & Peaches Rice pudding served with peaches

Strawberry & Vanilla

Frozen strawberry & vanilla mousse

Thursday

∨ Cheese & Tomato Pizza Pizza topped with tomato sauce &

Jacket Potatoes / Sandwiches & Wraps

Pear Vanilla Sponge

Vanilla sponge mixed with pears, and served with creamy custard

Fridav

Tempura Battered Fish White fish fillet in a crispy tempura V Vegetable Soya

Vegetables & Soya in a rich tomato and herb sauce served with pasta

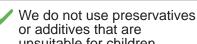
Non - Meat Panini

Chocolate Mandarin

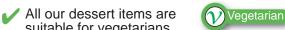
Rich cocoa based sponge with mandarin served with chocolate

Frozen Smoothie

An individual frozen sorbet, made with fresh fruit puree



We have a no nut and







Week 2 Menu

All main meals are accompanied with: Seasonal vegetables or salad items. And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

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Monday

Roast Meat Dinner Tender roast meat slices with a rich

(A) Halal Chicken Kofta Spicy halal chicken koftas served in a spicy curry sauce

∨ Vegetable Soya Lasagne Soya mince in a tomato sauce layered with pasta and a creamy cheese sauce

Jacket Potatoes

Decorated Buns Individually iced sponge bun

Tuesday

Meat & Potato Pie Braised diced beef and potatoes in gravy with a pastry top

 Halal Meat Rogan Josh Halal mutton cooked in traditional spices with fresh tomatoes and peppers

V Cheese & Onion Quiche Baked savoury pastry case filled with cheese, onion, seasoning & eggs

Non - Meat Panini

Mandarin Sponge Rich sponge with mandarins, served with custard

Fruit Cheese Cake

Biscuit base with a cheesecake filling and finished with fruit

Wednesdav

Spaghetti Bolognaise Minced beef in an Italian sauce with spaghetti

V Mexican Mixed Bean Burrito Mixed beans in a mild Mexican tomato

sauce, folded in a soft tortilla wrap Jacket Potatoes / Non -

Meat Panini

Jam Sponge

A light sponge topped with jam, served with creamy custard

Cocoa & Orange Cookie

Thursday

∨ Cheese & Tomato Pizza Pizza topped with tomato sauce & cheese topping

Jacket Potatoes / Sandwiches & Wraps Chocolate & Vanilla

frozen chocolate & vanilla mousse

Friday

Tempura Battered Salmon Salmon fillet in a crispy tempura batter

V Quorn Burger Baked quorn burger served in a bread bun with salad

Non - Meat Panini

Chocolate Sponge Rich cocoa based sponge served with chocolate sauce

Angel Delight Light and creamy mousse

All meat and poultry used is locally sourced.

- All fresh vegetables and potatoes are locally sourced
- All our fish, vegetarian, cheese dishes are suitable for Muslims
- suitable for vegetarians and Muslims

- unsuitable for children
- no genetically modified ingredient policy



Children in Years 3 to 6 could also get School Meals for FREE

Your child is entitled to free school meals if you receive any of the following*:

- Income SupportUniversal Credit
- Income based Jobseekers Allowance
- Child Tax Credit with an annual income of less than £16,190, if not receiving Working Tax Credit
- Working Tax Credit run-on

- Pension Credit (Guarantee Credit only)
- Support under Part VI of the Immigration and Asylum Act 1999
- Income-related Employment and Support Allowance

Registering for Free School Meals means your school gets extra money from the government, known as the pupil premium. For more information on free school meals please tel: 01274 432772 or email: benefits@bradford.gov.uk Or check/apply online at www.bradford.gov.uk/benefits