



Week 3 Menu

All main meals are accompanied with: Seasonal vegetables or salad items.
And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

All menu items are subject to availability and may change without notice.

Monday

Sausage Goulash

Pork sausages braised with tomato, peppers, paprika, finished with yoghurt

Halal Sheesh Kebab

Diced halal meat cooked with spinach in a spicy curry sauce

Quorn & Pepper Fajitas

Quorn & mixed peppers sautéed in Fajita spices, served in a soft tortilla wrap

Jacket Potatoes

Marble Sponge

Plain sponge marbled with a chocolate sponge mixture and served with custard

Fruit Jelly

Decorated fruit jelly

Tuesday

Beef Lasagne

Layered beef & pasta topped with cheese sauce

Halal Lasagne

Minced halal meat layered with pasta and a creamy cheese sauce

Vegetable Lasagne

Tender vegetables in a tomato base, layered with pasta and a creamy cheese sauce

Non - Meat Panini

Mixed Fruit Crumble

Mixed fruit topped with a crispy crumble & served with custard

Chocolate & Vanilla Mousse

frozen chocolate & vanilla mousse

Wednesday

Roast Dinner

Tender roast meat slices with a rich gravy

Quorn Sausage

A protein rich, vegetarian sausage

Jacket Potatoes

Orange Drizzle Cake

Orange Sponge drizzled in sauce and served with custard

Cocoa & Orange Cookie

Thursday

Cheese & Tomato Pizza

Pizza topped with tomato sauce & cheese topping

Jacket Potatoes / Sandwiches & Wraps

Date & Cocoa Brownie

Friday

Tempura Battered Fish

White fish fillet in a crispy tempura batter

Sweet Potato & Lentil Curry

A mild sweet potato & lentil curry

Jacket Potatoes / Sandwiches & Wraps

Chocolate Apple Sponge

A base of soft tender apples under a light chocolate sponge

Frozen Yoghurt

Assorted frozen yoghurt tubs

school catering

at

Thackley Primary School

A tasty
nutritionally balanced
2 course school lunch for
FREE for all primary
school children
in reception class and Years 1 & 2
or **£1.60***
for Years 3 - 6

This leaflet contains details of the menu at your school after October Half-Term.

Tasty, nutritious school meals have been provided in the Bradford district for many years. The Universal Infant Free School Meals scheme means these meals are now provided for **FREE** to all primary school children in reception class and Years 1 & 2.

There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's a good idea to still register as your school will benefit from extra funding.

Please Note: For children in Years 3 - 6, meals will be priced at £1.60*, which is still great value for money.

Menu Cycle

| | |
|---------------|--------------|
| w/c 31-Oct-16 | Week 1 |
| w/c 07-Nov-16 | Week 2 |
| w/c 14-Nov-16 | Week 3 |
| w/c 21-Nov-16 | Week 1 |
| w/c 28-Nov-16 | Week 2 |
| w/c 05-Dec-16 | Week 3 |
| w/c 12-Dec-16 | Week 1 |
| w/c 19-Dec-16 | Holiday week |
| w/c 26-Dec-16 | Holiday week |
| w/c 02-Jan-17 | Week 1 |
| w/c 09-Jan-17 | Week 2 |
| w/c 16-Jan-17 | Week 3 |
| w/c 23-Jan-17 | Week 1 |
| w/c 30-Jan-17 | Week 2 |
| w/c 06-Feb-17 | Week 3 |
| w/c 13-Feb-17 | Week 1 |
| w/c 20-Feb-17 | Holiday week |
| w/c 27-Feb-17 | Week 3 |
| w/c 06-Mar-17 | Week 1 |
| w/c 13-Mar-17 | Week 2 |
| w/c 20-Mar-17 | Week 3 |
| w/c 27-Mar-17 | Week 1 |
| w/c 03-Apr-17 | Week 2 |

Dates shown in red are holiday weeks

City of Bradford MDC

www.bradford.gov.uk

The wording in this publication can be made available in other formats such as large print. Please call: 01274 436778.

More information on the meals we provide, along with detailed allergen information is available online at:

www.bradford.gov.uk/schoolmeals



Thackley
Week 1

Week 1 Menu

All main meals are accompanied with: Seasonal vegetables or salad items.
And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

All menu items are subject to availability and may change without notice.

Monday

Braised Sausage

Sausage braised with onions and gravy, slowly cooked in the oven

V Quorn Frankfurter

Quorn hotdog served in a bun

Date & Cocoa Brownie

Jacket Potatoes

Tuesday

Chicken & Vegetable Pie

Chicken & veg in gravy with a pastry lid

Halal Keema Roll

Halal meat cooked with onions, spices & peas and baked in pastry

V Cheese Lattice

A thick cheese sauce encased in a puff pastry lattice, baked through the oven

Non - Meat Panini

Peach Oaty Crumble

Peaches topped with a sweet oaty crumble, served with creamy custard

Fruit Jelly

Decorated fruit jelly

Wednesday

Roast Turkey Dinner

Tender roast turkey slices with a rich gravy

Halal Lasagne

Minced halal meat layered with pasta and a creamy cheese sauce

V Veggie Soya Shepherd's Pie

Soya mince in a rich vegetarian gravy topped with mash

Jacket Potatoes

Rice Pudding & Peaches

Rice pudding served with peaches and jam

Strawberry & Vanilla Mousse

Frozen strawberry & vanilla mousse

Thursday

V Cheese & Tomato Pizza

Pizza topped with tomato sauce & cheese topping

Jacket Potatoes / Sandwiches & Wraps

Pear Vanilla Sponge

Vanilla sponge mixed with pears, and served with creamy custard

Friday

Tempura Battered Fish

White fish fillet in a crispy tempura batter

V Vegetable Soya Bolognese

Vegetables & Soya in a rich tomato and herb sauce served with pasta

Non - Meat Panini

Chocolate Mandarin Sponge

Rich cocoa based sponge with mandarin served with chocolate sauce

Frozen Smoothie

An individual frozen sorbet, made with fresh fruit puree



Thackley
Week 2

Week 2 Menu

All main meals are accompanied with: Seasonal vegetables or salad items.
And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

All menu items are subject to availability and may change without notice.

Monday

Roast Meat Dinner

Tender roast meat slices with a rich gravy

Halal Chicken Kofta

Spicy halal chicken koftas served in a spicy curry sauce

V Vegetable Soya Lasagne

Soya mince in a tomato sauce, layered with pasta and a creamy cheese sauce

Jacket Potatoes

Decorated Buns

Individually iced sponge bun

Tuesday

Meat & Potato Pie

Braised diced beef and potatoes in gravy with a pastry top

Halal Meat Rogan Josh

Halal mutton cooked in traditional spices with fresh tomatoes and peppers

V Cheese & Onion Quiche

Baked savoury pastry case filled with cheese, onion, seasoning & eggs

Non - Meat Panini

Mandarin Sponge

Rich sponge with mandarins, served with custard

Fruit Cheese Cake

Biscuit base with a cheesecake filling and finished with fruit

Wednesday

Spaghetti Bolognese

Minced beef in an Italian sauce with spaghetti

V Mexican Mixed Bean Burrito

Mixed beans in a mild Mexican tomato sauce, folded in a soft tortilla wrap

Jacket Potatoes / Non - Meat Panini

Jam Sponge

A light sponge topped with jam, served with creamy custard

Cocoa & Orange Cookie

Thursday

V Cheese & Tomato Pizza

Pizza topped with tomato sauce & cheese topping

Jacket Potatoes / Sandwiches & Wraps

Chocolate & Vanilla Mousse

frozen chocolate & vanilla mousse

Friday

Tempura Battered Salmon

Salmon fillet in a crispy tempura batter

V Quorn Burger

Baked quorn burger served in a bread bun with salad

Non - Meat Panini

Chocolate Sponge

Rich cocoa based sponge served with chocolate sauce

Angel Delight

Light and creamy mousse

- ✓ All meat and poultry used is locally sourced.
- ✓ All fresh vegetables and potatoes are locally sourced
- ✓ All our fish, vegetarian, cheese dishes are suitable for Muslims
- ✓ All our dessert items are suitable for vegetarians and Muslims
- ✓ We do not use preservatives or additives that are unsuitable for children
- ✓ We have a no nut and no genetically modified ingredient policy



Approved by



Children in Years 3 to 6 could also get School Meals for FREE

Your child is entitled to free school meals if you receive any of the following*:

- Income Support
- Universal Credit
- Pension Credit (Guarantee Credit only)
- Income based Jobseekers Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit with an annual income of less than £16,190, if not receiving Working Tax Credit
- Income-related Employment and Support Allowance
- Working Tax Credit run-on

Registering for Free School Meals means your school gets extra money from the government, known as the pupil premium. For more information on free school meals please tel: **01274 432772** or email: **benefits@bradford.gov.uk** Or check/apply online at **www.bradford.gov.uk/benefits**