

# Thackley Primary School Policy for Personal, Social Health & Citizenship Education (PSHCE)

This policy has been written to explain how PSHE and Citizenship is delivered throughout the curriculum. PSHE is no longer a subject on its own and therefore is taught cross curricular and through circle time.

#### Rationale

PSHCE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so, they recognise their own worth, work well with others and become increasingly responsible for their own learning.

#### Aims

- To promote the spiritual, moral, social, cultural, mental & physical development of pupils at Thackley Primary School.
- To enable pupils to develop confidence and responsibility and to make the most of their abilities.
- To prepare pupils to play an active role as citizens.
- To help pupils develop a healthy, safe lifestyle.
- To encourage pupils to develop good relationships and to respect the differences between people.
- To enable pupils to learn about their responsibilities, rights and duties as individuals and members of their communities.

#### How the Aims will be Achieved

- By providing knowledge and understanding about moral, physical, emotional, social, spiritual and creative changes that occur as pupils grow towards puberty and adulthood.
- By developing an awareness of the effects of people's actions and an acceptance of responsibility for their own actions.
- By offering a range of learning styles and experiences to provide and practice decision making techniques and to develop problem solving and inter-personal and communication skills.
- By ensuring all pupils have equal access to the whole curriculum.
- By acknowledging behaviour, academic and social achievement, including valuing contributions and praising success.
- By providing information about how the body works and develops and how healthy lifestyles, dangerous activities and substances affect it.
- By having a shared understanding of morality and how staff will foster an understanding of this for pupils.
- By providing pastoral support to pupils and appropriately liaise with parents and outside agencies.
- By creating opportunities for pupils to talk to others, reflect on their own attitudes and values and those of others.

By encouraging parental involvement, including the provision of workshops on curriculum issues to develop understanding and support.

#### The Role of the PSHCE Leader

- To advise and support staff in the delivery of PSHE and Citizenship.
- The subject leader is responsible for keeping staff informed of any changes and relevant courses.

#### SEAL

The SEAL programme is followed by the whole school (from Nursery to Year 6). Each theme is introduced to the whole school in an assembly and that topic is then covered by each class in an age appropriate way during circle time that week. The theme booklet from the SEAL box gives guidance and ideas for lessons within that topic.

## Sex and Relationship Education

The aim of Sex and Relationship Education is to help children to develop a clear understanding of their bodies, including the changes which have taken place since birth and those which will take place in the years ahead. SRE is principally taught in years 5 and 6; however associated issues will be covered in the other year groups as part of the wider PSHCE programme. In Year 6, puberty talks are given by nurses who come in to the school and follow up work is carried out using an 'All About Me' booklet.

### **EYFS**

In the Early Years Foundation Stage, PSE is one of the prime areas of learning. Children develop skills through play and interaction with others in the setting. When children enter Nursery and Reception their PSE skills are assessed. These skills are continually tracked over the year by observations, photographs and samples of work which are recorded in children's Individual Pupil Profile.

This policy was put together by Lucy Moore (PSHCE leader). It will be evaluated by staff and Governors.

Policy dated: May 2014

Ratified by Governing Body:

Review date; May 2017